

A woman and a young girl are smiling and making a heart shape with their hands. The woman is in the background, and the girl is in the foreground, her hands positioned to complete the heart. The girl has a tattoo on her left forearm that says "hope" next to a daisy flower.

STEP2

ANNUAL
REPORT
2022

DEAR STEP2 FAMILY,

As with every year, 2022 had its fair share of challenges. How inspiring it was, however, to watch so many women *bravely* walk through our doors, despite the challenges.

Since I wrote this letter 12 months ago, *185* women have accessed treatment at STEP2.

Those are *185* local families - moms, dads, grandparents, siblings, children - that were able to experience the *hope* that comes with a treasured loved one taking the giant step toward breaking the cycle of addiction and violence.

This *hope* is made possible by
each of you.

Simply put, we could not do what we do at STEP2 without the love and support that we receive from you!

With all of our gratitude,

Mari Hutchinson

Mari Hutchinson, CPA
Chief Executive Officer



ABOUT US

Since 1986, STEP2 has helped women who are experiencing substance use disorders participate in rehabilitation services. We understand that women experience certain barriers in obtaining services, which is why our mission is to provide gender-specific supportive services to women, women with young children and expectant mothers.

STEP2 was founded on the principle that pregnant and parenting women should not have to choose between being a parent and receiving substance use disorder treatment, and we believe that a continuum of care model should encompass multiple steps to reach and maintain sobriety.

While having children is not a requirement to access treatment at STEP2, approximately 75% of our clients are mothers. STEP2 serves women and children together as a unit for recovery rather than individually. Most of our women are single heads of households, struggling with both addiction and poverty, and caring for dependent children with little family or social support.

Our year-long program includes residential inpatient services at our 20-bed residential facility, outpatient services and transitional housing as well as wraparound services including case management, medical care referrals and coordination, childcare assistance, parenting education, transportation assistance, domestic violence advocacy and education, and on-site mental health assessment, therapy and medication assistance.

Every woman should have the support they seek during their journey to sobriety, and STEP2 is here to help.

When a woman is ready to leave STEP2, she is *clean and sober*, she is gainfully employed, she has reunified with her kids, and she has learned life skills that will allow her to create a better life for herself and her family.



BOARD OF DIRECTORS



Sheila Poco
President



James Cohen, MD
President-Elect



Ken Bickford, CFP
Treasurer



Kathy Leggett
Secretary



Col. Steve Tate USAF (RET)
Immediate Past President



Jeanne Ackley



Michael Alonso



Brian Cassidy



Jamie Flanagan



JJ Jarzynka



Marne McKimmey



Christina Stoeve Young



Pamela Troy



Mari Hutchinson, CPA
Chief Executive Officer



Karen Blumenthal, MAOM, LADC
Chief Clinical Officer



Cheree Boteler
Chief Marketing Officer



Jennifer Autry
Operations Manager



Shannon Jensen
Human Resources Manager



Kim Battcher
Donor Relations Manager

Sydney Arroyave
Dustin Avera
McKenna Boegle
Emily Borland
Charlie Bowen
Claudia Bravo Arias
Destiny Camacho
Jodi Drake
Robert Fava

Tracy Forgione
Tiffany Gastanaga
Lelia Geppert
CJ Gira
Yolanda Herrera
Amy Jackson
Kati Layosa
Susan McElwee
Kelly Michaud

Kate Pineda Somoza
Maria Ponce
Briza Rodriguez
Zoe Sabal
Katie Simonson
Rose Steffen
Tania Torres
Melissa Ung

STORY OF HOPE

My name is *Sara* ...

I lost my husband in a car accident, my mother to alcoholism and my three children to CPS. I had become another faceless drug user, addicted and hiding in an isolated and lonely world.

I will be the first to admit, I sought comfort in drugs.

I lost sight of what life could have offered after losing it all. My entire life was filled with disappointment and tragedy.

Growing up in a family where addiction was present led to my very destruction. I resented my mother and her addicted and abusive boyfriend for what they put me through so I bottled my emotions and learned how to numb the pain with drugs.

I finally decided life wasn't worth living if I was constantly chasing highs without my children. My children were the only family I had, and I began to realize the path I was choosing for them.

*After years of chemically dependency, I checked myself into **STEP2**.*

STEP2 taught me that I am worthy of having a safe and happy family. After 6 months of being in the program, I moved up to the Lighthouse Campus where I lived in a 2-bedroom cottage. STEP2 helped me get my children back, obtain a job and gain the confidence I deserved. For 18 months I underwent treatment and learned so much about myself and addiction.

I now know that my past wasn't an excuse for my choices, but a reason. Now, as I see it, my reason for living is bigger and better than any addiction. Everyone has pain and everyone has a story.

Luckily, my story and my children's story live on in a positive light.

SERVICES & PROGRAMS

REDFIELD RESIDENTIAL FACILITY

While each client follows a separate, individualized treatment plan, the average stay in our Redfield Residential Facility is approximately 10-12 weeks. Clients live in dormitory style rooms and engage in supervised social, therapeutic and creative activities at the residence. Clients spend 30+ hours per week engaged in therapeutic activity (groups or one-on-one counseling) at STEP2's Mathewson Family Counseling Center.

Groups topics include:

- Addiction Education/Relapse Prevention
- Domestic Violence Education & Prevention
- Parenting in Recovery
(including newborn care and lactation consulting)
- Seeking Safety
- Healthy Relationships/Communication
- Anger Management
- Trauma Education
- Comprehensive Life Skills
- Nutrition

Community service is encouraged, and clients are given the opportunity to exercise and are encouraged to walk the campus regularly.

When clients near the end of residential treatment, they attend an employment development program where they take interest, skill and personality assessments, build resumes, learn interview skills and have access to interview clothing. All clients who complete this program create a professional resume and are provided transportation for their job search and interviews.



SERVICES & PROGRAMS

DOMESTIC VIOLENCE EDUCATION & PREVENTION

Approximately 97% of the women who seek services through STEP2 report being the victim of domestic and/or sexual violence. The staggering numbers of domestic violence victims with co-occurring substance addictions demand seamless access to quality treatment, prevention and support services.

STEP2 provides outreach and education to agencies, facilities and rural areas, assisting victims in breaking barriers, such as social stigma, poverty, child custody and violence, to end the cycle of abuse and addiction. Through intensive one-on-one, group therapies and appropriate community referrals, victims will receive evidence based, holistic and dynamic treatment.

INTENSIVE OUTPATIENT & OUTPATIENT SERVICES

STEP2's intensive outpatient and outpatient services are designed to provide women living in the local community with the skills and support to maintain sobriety and assist them with getting back on track. Our client-centered practices are gender-specific and focus on issues that impact women during their recovery journey.

Our core groups (listed below) assist them in developing the skills necessary to live independent and healthier lives.

- Parenting
- Overcoming Trauma
- Domestic Violence Education & Prevention
- Planning for Recovery
- Relapse Prevention

PREGNANT AT STEP2

Clients who enter treatment pregnant receive individual case management to include:

- Transportation to doctor appointments
- Access to WIC, TANF & car seats
- Referrals to community partners for diapers and other baby supplies
- Residential clients reside in maternity dorm rooms with private bathrooms

Once a pregnant woman has delivered, she is offered lactation support, infant care support and sleep safety information.



SERVICES & PROGRAMS

TRANSITIONAL HOUSING



STEP2's Transitional Housing (the Lighthouse Campus) has 25 cottages ranging from one to three bedrooms.

Once a woman has successfully completed residential treatment, she is eligible for STEP2's Transitional Housing program. A woman and her children have the opportunity to move into a fully furnished home (furnished entirely by community donations), and upon successful completion of treatment, she will take all of the furnishings with her.

Women living on the Lighthouse Campus receive case management services to address monthly budgets, schedule, child care, resources and future housing. Residents form a "Community Council" and are responsible for maintaining a healthy and active community, as well as giving back in the form of peer mentorship to residential clients and community service through maintaining the campus and garden.



2022 BY THE NUMBERS

185

women accessed
treatment
*68% have experienced
homelessness*

Those women had

255

minor children
19% had CPS involvement

7%

came to us
pregnant

35

average age

21% did not complete
high school

41% completed high school
or received their GED

35% completed some college

5% have their Bachelor's
degree or higher

77%

reported no
occupation

Our **#1** referral source was women **self-admitting**

40%

reported alcohol as their primary drug

meth 29% • heroin/opiates 27% • other 4%

AGE OF FIRST USE:

- youngest was 7-years-old
- average age was 18-years-old

92%

reported a history
of domestic violence

*67% physical abuse
49% sexual abuse*

19%

were IV users

15%

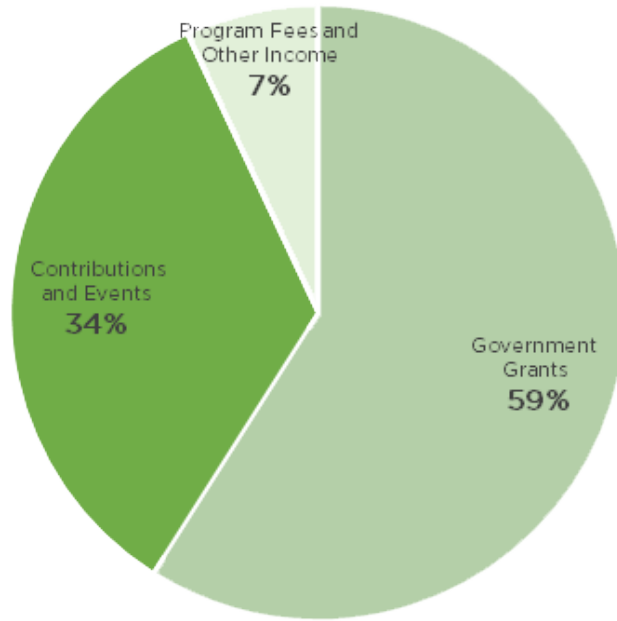
reported participating
in the sex industry

68%

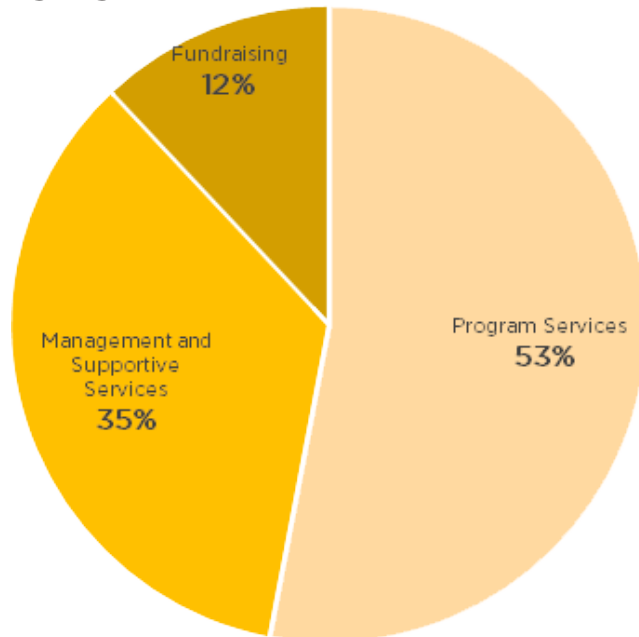
have co-occurring
mental health disorders

2022 FINANCIALS

REVENUES



EXPENSES



STATEMENT OF ACTIVITIES

Revenues

Government Grants (City, State, and Federal)	\$ 1,466,651
Contributions and Events	\$ 850,117
Program Fees and Other Income	\$ 182,143

Total Revenues	\$ 2,498,911
-----------------------	---------------------

Expenses

Program Services	\$ 1,217,762
Management and Supportive Services	\$ 817,945
Fundraising	\$ 271,112


Total Expenses	\$2,306,819
-----------------------	--------------------

Change in Net Assets	\$ 192,092
Net Assets, Beginning of Year	\$9,483,257
Net Assets, End of Year	\$9,675,349



COMMUNITY & REFERRAL PARTNERS

STEP2 partners with the following public agencies and community groups to meet our mission:



Acadia Healthcare • Advocates to End Domestic Violence • ACCEPT • Aloha Evaluation & Counseling Substance Abuse and Problem Gambling • Ashlee's Toy Closet • Awaken • BayMark Health Services • Box of Balloons • Boys & Girls Club of Truckee Meadows • Bristlecone Family Resources • Capo Canyon Recovery • Carson City Alternative Sentencing • Carson Community Counseling • Carson Public Defenders Office • Carson Tahoe Behavioral Health • Casa De Vida • Catholic Charities of Northern Nevada • Center for the Application of Substance Abuse Technologies • Center for Applied Substance Abuse Technologies • Children's Cabinet • Churchill County Social Services • City of Reno • Clare-Matrix • Clean & Sober Recovery Services • Clearview Treatment Programs • Community Chest, Inc. • Community Counseling Center • Community Health Alliance • Community Services Agency • Cookies for Kindness • Crisis Support Services of Nevada • Crossroads • Division of Child and Family Services • Division of Education, Training and Rehabilitation • Domestic Violence Resource Center • Douglas County Sheriff's Office • Dress for Success • Elko County Public Defender's Office • Empowerment Center • Fallon Paiute-Shoshone Tribe • Family Counseling and Payee Services • First Steps Recovery • Foster Grandparents Program • Foundation for Recovery • Grace Church • Grand Sierra Resort • Human Services Agency • JOIN • Join Together Northern Nevada • Katie Grace Foundation • Lander County Public Defender's Office • Maisel Consulting • Molina Healthcare • My Journey Home • Nevada Attorney General's Office • Nevada Division of Public and Behavioral Health • Nevada Early Intervention Services • Nevada Hispanic Services • Nevada Job Connect • Nevada Legal Services, Inc. • Nevada State Public Defender's Office • Nevada Urban Indians, Inc. • Nevada Women's Fund • New Dawn Treatment Centers • New Frontier • Northern Nevada Adult Mental Health Services • Northern Nevada Dental School • Northern Nevada Evaluation Center • Northern Nevada Food Bank • Northern Nevada Hopes • Northern Nevada Literacy Council • Northern Nevada RAVE Family Foundation • Our Place • Planned Parenthood • Project Sweet Dreams • Pyramid Lake Paiute Tribe Social Services • Quest Counseling • Reaching Out Sober Living Homes • Recovery Resources • Recovery Ways • Renewal Behavioral Health • Reno Behavioral Healthcare Hospital • Reno Area Alliance for the Homeless • Reno Housing Authority • Reno Justice Court • Reno Little Theater • Reno-Sparks Indian Colony • RESTART • Ridge House • Safe Embrace • Sage Ridge School • San Jose Behavioral Health • Sierra Smiles • SK Foods • Social Entrepreneurs • Soroptimist International of Reno • Sparks Christian Fellowship • Sparks Justice Court • Spread the Word Nevada • Square1 Solutions • Sunshine Behavioral Health • The Gooden Center • TKO Counseling Services • Trac-B • Truckee Meadows Community College (TMCC) • TruVista • United Way of Northern Nevada and the Sierra • University of Nevada, Reno • Vitality • Washoe County Human Services Agency • Washoe County Family Treatment Court • Washoe County Health District • Washoe County School District • Washoe County Sheriff's Office • Washoe Legal Services • Well Care • Westcare • Western Regional Specialty Courts • Women and Children's Center of the Sierra • Women Waken



The Builders Association

In 2022, The Builders Association Charity (BAC), the charitable arm of The Builders Association, partnered with STEP2 for the 6th Annual Cottage Makeover.

We would like to say thank you to the organizations, builders, subcontractors and suppliers that work together to completely remodel our cottages.



Alice 96.5
All Out Electric
BM Windows, LLC
BrightView
Budget Blinds
Crown Painting Inc.
CTL, Inc.
Custom Painting & Decorating, Inc.
Dallas Floor Designs
Debard Plumbing Inc.
DoughBoys Donuts

Erickson Framing NV, LLC
Ferguson
Fleet Heating & Air Conditioning
High Mountain Door & Trim, Inc.
High Voltage Electric, LLC
The Home Depot
Horizon Window Fashions
Interior Logic Group
J.R. Pierce Plumbing Co. Inc.
Moen
Nailed It Drywall, LLC

Next Generation Drywall
Nevada Heating
Painting Pros
Reliable Framing, Inc.
Reno Tahoe Cabinets & More
Riddio Door
Sherwin Williams
Supreme Plumbing
Truckee Meadows Heating & Air
Westcoast AV & Security
Zline

2022 MAJOR DONORS

Ackley, Jeanne
 Adams, James
 AIMS Operating Group
 Allegra Print & Imaging
 Alonso, Staci & Michael
 Alonso Law Limited
 Alpine Insurance
 American Firestop
 American River Wealth Management
 Anderson, Travis
 Angier, Michael
 Art By Daniel
 Associa Cares, Inc.
 AssuredPartners of Nevada LLC
 AT&T
 August, Jennifer & Thurn
 Babcock, Beverly-Ann
 Bear Flag Farm
 Berge, Kamaria & Kevin
 Berge & Company CPA
 Bickford, Diana & Ken
 Black, Randy
 Bocchi, Jennifer & John
 Bone-ito
 Boomtown Casino Hotel
 Borba, James
 Borrego, Candy & Lou
 Boys & Girls Club of Truckee Meadows
 Bradley, Gigi
 Bregante, Richard
 Brooks, Patricia & Geoffrey
 Builders Association Charity
 Builders Association of Northern Nevada
 Burns, Christine
 Caesars Entertainment at THE ROW
 Carano, Cindy
 Carpenter, Darcy
 Carper, Linda
 Carson Truss LLC
 Casci, Jessica & Rich
 Cassidy, Andrea & Brian
 Cedar Creek Ranch & Vineyards
 Chadwick, Jo Ann

Chilton, Mariam & Ward
 Christopher R. McCullough, Ltd
 Ciorciari, Margaret & Anthony
 City of Reno
 Clemetson, Chad
 Clemetson, Corey
 Cohen, Dr. James & Annette Bournazian
 Combs, Richard
 Community Advised Fund
 at the Community Foundation of Northern Nevada
 Community Foundation of Northern Nevada
 CompassionCare Hospice
 Coney Island Bar
 Conrad, Jeanne & Raymond
 Conrath, Dr. Craig
 Cookies for Kindness
 Cork Navillus Family Foundation
 at the Community Foundation of Northern Nevada
 Corwin Ford Reno
 Damon, Douglas
 David R. Clare and Margaret C. Clare Foundation
 deJong, Laura & Bruce
 Di Loreto Homes of Nevada
 Diamond Vault Reno
 Dianda, Mike, Julie & Joe
 Dietze Charitable Foundation
 Dillard's Reno
 Dolan Auto Group
 Dorinda's Chocolates
 DoughBoys Donuts
 Drakulich Realty, Inc.
 Durham, Scott
 Earth Breeze, Inc.
 Edgewood Tahoe
 Emerald City Engineers
 Enix Mechanical
 Ensemble Real Estate Solutions
 Enterprise Holdings Foundation
 Ernaut, Pete
 Ernest Packaging Solutions
 Evergreen Cares Foundation
 Firehouse Subs
 Flanagan, Jamie

Frezzo, Dennis
 Fugett, Hazel & Ronald
 Gaming Technology Group
 Garavaglia, Paula
 Gates Family Foundation
 GPS Wealth Advisors
 Grace Community Church of Reno
 Grand Sierra Resort and Casino
 Gratis Payment Processing/GratisGives
 Greater Nevada Credit Union
 Gregg, Ben
 Grow Strong Industries
 Harrah, Chelsea
 Hattery, Edward
 Hawkins, Folsom & Muir
 Herschbach, Tom
 Hill, Barbara & Steven
 Hobey's Casino/Restaurant
 Holland, Chris
 Holland & Hart LLP
 Hovenic, Dr. Whitney
 Hungry in Reno
 IBEW-NECA Northern Nevada
 Labor Management Fund
 IGT
 Illumined Arms
 Impossible, Michelle & Justin
 In Memory of Bill Bertelson
 In Memory of Lesley Greninger
 International Lining Technology
 Iron Mountain
 IT Avalon
 J. Hofert Co.
 Jarzynka, JJ
 Jarzynka, Pat & Rock
 Jeffers, Jen
 Jensen, Jill
 Jensen, Shannon
 John P. Ferreri Donor Advised Fund
 Johnson, Barry
 Johnson, Sandie
 Junk King Reno
 Katie Grace Foundation

2022 MAJOR DONORS

Ken & Diana Bickford Trust
 Kenny, Jay
 Kern, Lindsey
 Kidder Mathews
 King, Nicole & Wes
 Kraemer, Bonnie & Gary
 Kunze, Lucas
 Laity, Jennifer
 Kathy Leggett
 Les Schwab Warehouse Center, LLC
 Lewis Roca Rothgerber Christie LLP
 Loftin, Katrina
 Logan, Valerie
 Lommori, Heather
 LP Insurance Services
 Lucke's Saloon LLC
 Lumos and Associates
 M&A Business Advisors
 Maddox, Bob
 Magrini, Dr. Amanda
 Maland, Donna
 Manning, Delia
 Marine Specialties
 Marks, Charles & Marian
 Marriott Vacations Worldwide
 Matt Jensen Foundation
 McCown, Rene & Tim
 McKimmey, Marne & Rodney
 Meyer, Lydia & Matthew
 MFA Ventures
 MicroMetl Corporation
 Molly Schroeder Community Engagement Fund
 Movement Mortgage
 Nevada State Bank
 New West Distributing
 Nichols, John
 Norona, Tyler
 Northern California Association
 of Mothers of Twins Club
 Northern Nevada Confederation of Clubs
 Northern Nevada Health System
 Nothing To It! Culinary Center
 Nugget Casino Resort

NV Energy
 Ozmen Foundation
 at the Community Foundation of Northern Nevada
 Pagni, Megan
 Pape Machinery
 Peri & Sons Farms
 Peters, Michael
 Physician Claim Corp
 Pike, Greg
 Poco, Sheila
 Popejoy, Jamie & Michael
 Potter, Cindy & Mike
 Private Eyes Screening Group
 Pyramid Materials, Inc.
 Quigley, Amy
 Raffealli, Sandra
 RC Willey
 Reed, Travis
 Reno Aces
 Reno Food & Drink Week
 Reno Local Food Group
 Reno Recipes
 Reno-Sparks Scheels
 Renown Health
 Riggs, Alexis & Russ
 Robert S. and Dorothy J. Keyser Foundation
 Roelandts Charitable Fund
 Rogue Gaming Studio
 Roma, Margie & Gary
 Rombardo, Neil & Mari Hutchinson
 Ronald McDonald House Charities Northern Nevada
 Russell, Kaitlin & Justin
 Ryan, Samantha
 Ryder Homes
 Sands Regency Casino Hotel
 Schaffner, Kristi
 Shirley Ann Foundation, LLC
 Sierra Foods Market
 Sierra Nevada Construction, Inc.
 Sierra Nevada Specialty Care
 Sierra Rental & Transport
 Sierra Smiles Management Group, LLC
 Simple Tech

SORTED Professional Organizing
 Stanley Steamer of Reno
 Stoeber Young, Christina
 Storm Development Services LLC
 Sullivan, Casey & Charlotte
 Sunshine Tahoe
 Swagblue
 Swire Coca-Cola USA
 Swizzle Brand Solutions
 Tate, Betty & Steve
 Telford Charitable Fund
 The Amy L. Widsten Foundation
 The Bridge Church
 The Great Reno Balloon Race
 The Jack Van Sickle Foundation
 The Las Vegas Country Club
 The Nell J. Redfield Foundation
 The Robert E. Hopper Family Fund
 Thomas E. & Mary K. Gallagher Foundation
 Tiscareno, Juan
 Titan Electrical Contracting
 Toll Brothers - Reno
 Troy, Pamela & Robert Goldberg
 Two Chicks
 Two Men and A Truck of Reno NV
 UHS of Delaware, Inc.
 Umphres, Jason
 United Construction Company
 US Polyco, Inc.
 Vanderslice, Nicole
 Walmart Corporation NV1
 Walsh, Jo & Gerald
 Wanco, Dustin & Betsy McDonald
 Wantiez, Nancy & Richard
 Waterbury, Everett
 WEDCO, Inc.
 Western Turf and Hardscapes
 Whispering Vine Wine Co.
 Wilson, Joanne & Jerry
 Wilson, Sandy & Mark Olson
 Wolf Creek Golf Club
 Wood, Karen
 Zink, John & Carisa

TOP VOLUNTEERS

We are incredibly grateful for everyone that volunteers on our campus or at one of our events. We would like to give special recognition to these individuals for spending a substantial amount of time supporting US.

Ackley, Jeanne
Akana, Amelia
Al-Anon
Alcoholics Anonymous
Alice 96.5
Alonso, Michael
Alonso, Staci
Altrusa of Reno/Sparks
Arroyave, Sydney
August, Thurn
Autry, Jennifer
Baida, Dorianne
Bennett, Ashley
Benson, Nancy
Berge, Kevin
Bickford, Ken
Borrego, Candy
Boys Team Charity
Brown, Lauren
Builders Association Charity
Builders Association of
Northern Nevada
Caltagirone, Mike
Canaday, Ryan
Carano, Cindy
Carpenter, Darcy
Carter, Linda
Cassidy, Brian
Celebrate Recovery
Cohen, Dr. James
Cooper-Schroeder, Lyndi
deJong, Laura
Doan, Tiana
Drakulich, Linda
Drakulich, Vic
Dudo, Jillian
Dutton, Ann
Erickson, Juliette

Faith Ministry
Fava, Rob
Fegan, Whitney
Ferro, Lisa
Flanagan, Hunter
Flanagan, Jamie
Frankoski, Katarina
Harrah, Chelsea
Herrera, Yolanda
Hovenic, Dr. Whitney
Howard, Sara
IGT
Immunize Nevada
Ink Realty
Jarzynka, JJ
Jensen, Molly
Jensen, Shannon
Junk King Reno
Katie Grace Foundation
K. Donovan
Kern, Lindsey
Krahne, Jamie
Leggett, Kathy
Manning, Delia
Marcelo, Raquel
McCloskey, Jacqui
McElwee, Sue
McKimmey, Marne
Miller, Bob
Moffitt, Lisa
Mortgage Professionals
Group
Mudd, Courtney
Murach, Shelle
Narcotics Anonymous
National Charity League,
Sierra Nevada Chapter
Poco, Ezra

Poco, Sheila
Press, Rebecca
Reardon, Sean
Remington, Kristen
Robinson, Emma
Rocha, Mayra
Roma, Margie
Romo, Megan
RPM Billing
Russell, Jared
Ryan, Samantha
Schamber, Bob
Schamber, Kelli
Schulz, Bill
Simonson, Katie
Siva, Michael
Smith, Amanda
Spurlock, Emily
Stanley Steemer of Reno

Stoever Young, Christina
Streich, Linda
Sulahria, Julie
Tate, Betty
Tate, Steve
The Children's Cabinet
THRIVE Center
Toiyabe Title
Troy, Pamela
Truckee Meadows Community
College
Ung, Howard
University of Nevada
Village Baptist OKC
Wallace, Abby
Weingartner, Kimberly
Wilson, Sandy
Zavala, Miriam







775.787.9411

STEP2Reno.org

3700 SAFE HARBOR WAY
RENO, NV 89512