

35
YEARS
STEP2

ANNIVERSARY
celebration



ANNUAL REPORT • 2021

DEAR STEP2 FAMILY,

Another year has flown by on our campus!

While 2021 certainly had its challenges, it was a very meaningful year at STEP2. This year, we celebrated our **35th anniversary!**

Over the last 35 years, with your support, we have provided a safe place for **over 4,500 women** to experience healing, security and hope.

It truly is an honor for us to work with women who are doing the hard work to break the cycle of addiction and violence in their families.

Thank you for sharing our belief that women shouldn't have to choose between being a mom and receiving treatment.



Mari Hutchinson, CPA
Chief Executive Officer



ABOUT US

Since 1986, STEP2 has helped women who are experiencing substance use disorders participate in rehabilitation services. We understand that women experience certain barriers in obtaining services, which is why our mission is to provide gender-specific supportive services to women, women with young children and expectant mothers.

STEP2 was founded on the principle that pregnant and parenting women should not have to choose between being a parent and receiving substance use disorder treatment, and we believe that a continuum of care model should encompass multiple steps to reach and maintain sobriety.

While having children is not a requirement to access treatment at STEP2, approximately 75% of our clients are mothers. STEP2 serves women and children together as a unit for recovery rather than individually. Most of our women are single heads of households, struggling with both addiction and poverty, and caring for dependent children with little family or social support.

Our year-long program includes residential inpatient services at our 20-bed residential facility, outpatient services and transitional housing as well as wraparound services including case management, medical care referrals and coordination, childcare assistance, parenting education, transportation assistance, domestic violence advocacy and education, and on-site mental health assessment, therapy and medication assistance.

Every woman should have the support they seek during their journey to sobriety, and STEP2 is here to help.

When a woman is ready to leave STEP2, she is *clean and sober*, she is gainfully employed, she has reunified with her kids, and she has learned life skills that will allow her to create a better life for herself and her family.



BOARD OF DIRECTORS



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STORY OF HOPE

My name is *Sharon* ...

I started using drugs at age 12 to cope with the world I was brought into. If I could title my childhood like a book it would be called “Silent Suffering”.

I was abused in every form there is and I believed it was normal.

We were never allowed to have friends, so I never got to see a different home for 10 years of my life. I would get punched in the face by my father and think nothing of it.

My whole world changed when a bunch of cops kicked in our front door throwing my mother and my father down on the ground and hand cuffing them. I can remember a woman in a pantsuit herding my 3 sisters and I into the back room telling us to start packing clothes. I kept asking “why” while crying and never got an answer. If my grandmother would not have taken us, we would have all been split up into foster homes.

After that day, I had learned that my life wasn't okay and what was happening was sick and wrong.

I attempted suicide multiple times after confirmation of my life being horrible. I was institutionalized for a little over a year of my life after that. They only let me go because I was beginning to be facilitated, and I felt too safe and comfortable there. I turned to drugs, so I wasn't constantly cutting up my arms and legs all the time. Drugs ruined my life in the long run, but they also saved my life back then. If I hadn't started using to deal with my life and everything that came with it, I would have killed myself a long time ago.

Doing drugs was the only way I knew how to survive.

My drug use progressed into new different drugs and once meth entered my life, my whole world revolved around it. I couldn't even attend my best friend's funeral without being high. I lived on the streets at 18. I sold my body and did everything I could for that drug. I ended up replacing meth with pills, alcohol, and marijuana. I ended up getting into trouble with the law when I was 20 and had to get a drug and alcohol evaluation and I failed. I stopped smoking weed, but I drank everyday staying miserable. Not knowing how to leave an abusive relationship because I would have been homeless. I ended up becoming an I.V. user with pills and lost control hating myself and my life.

I came forward and said that I was using and that I needed help. I walked out of the place I was living and became homeless, alone, and scared. My sister took me in until I could come to STEP2. I never thought I could be where I am today. I never thought I could deal with my past without drugs. **STEP2 saved my life.** I never thought I would be capable of loving myself and looking forward to my future and what life can offer.

For the first time in my entire life, I'm ready to live.

SERVICES & PROGRAMS

REDFIELD RESIDENTIAL FACILITY

While each client follows a separate, individualized treatment plan, the average stay in our Redfield Residential Facility is approximately 10-12 weeks. Clients live in dormitory style rooms and engage in supervised social, therapeutic and creative activities at the residence. Clients spend 30+ hours per week engaged in therapeutic activity (groups or one-on-one counseling) at STEP2's Mathewson Family Counseling Center.

Groups topics include:

- Addiction Education/Relapse Prevention
- Domestic Violence Education & Prevention
- Parenting in Recovery (including newborn care and lactation consulting)
- Seeking Safety
- Healthy Relationships/Communication
- Anger Management
- Trauma Education
- Comprehensive Life Skills
- Nutrition

Community service is encouraged, and clients are given the opportunity to exercise and are encouraged to walk the campus regularly.

When clients near the end of residential treatment, they attend an employment development program where they take interest, skill and personality assessments, build resumes, learn interview skills and have access to interview clothing. All clients who complete this program create a professional resume and are provided transportation for their job search and interviews.



SERVICES & PROGRAMS

DOMESTIC VIOLENCE EDUCATION & PREVENTION

Approximately 97% of the women who seek services through STEP2 report being the victim of domestic and/or sexual violence. The staggering numbers of domestic violence victims with co-occurring substance addictions demand seamless access to quality treatment, prevention and support services.

STEP2 provides outreach and education to agencies, facilities and rural areas, assisting victims in breaking barriers, such as social stigma, poverty, child custody and violence to end the cycle of abuse and addiction. Through intensive one-on-one, group therapies and appropriate community referrals, victims will receive evidence based, holistic and dynamic treatment.

INTENSIVE OUTPATIENT & OUTPATIENT SERVICES

STEP2's intensive outpatient and outpatient services are designed to provide women living in the local community with the skills and support to maintain sobriety and assist them with getting back on track. Our client-centered practices are gender-specific and focus on issues that impact women during their recovery journey.

Our core groups (listed below) assist them in developing the skills necessary to live independent and healthier lives.

- Parenting
- Overcoming Trauma
- Domestic Violence Education & Prevention
- Planning for Recovery
- Relapse Prevention

PREGNANT AT STEP2

Clients that enter treatment pregnant receive individual case management to include:

- Transportation to doctor appointments
- Access to WIC, TANF & car seats
- Referrals to Wanda's Closet & Diaper Bank
- Residential clients reside in maternity dorm rooms with private bathrooms

Once a pregnant woman has delivered, she is offered lactation support, infant care support and sleep safety information.



SERVICES & PROGRAMS

TRANSITIONAL HOUSING



STEP2's Transitional Housing (the Lighthouse Campus) has 25 cottages ranging from one to three bedrooms.

Once a woman has successfully completed residential treatment, she is eligible for STEP2's Transitional Housing program. A woman and her children have the opportunity to move into a fully furnished home (furnished entirely by community donations), and upon successful completion of treatment, she will take all of the furnishings with her.

Women living on the Lighthouse Campus receive case management services to address monthly budgets, schedule, child care, resources and future housing. Residents form a "Community Council" and are responsible for maintaining a healthy and active community, as well as giving back in the form of peer mentorship to residential clients and community service through maintaining the campus and garden.



2021 BY THE NUMBERS

180

women accessed
treatment
71% were homeless

Those women had

277

minor children
46% had CPS involvement

12%

came to us
pregnant

35

average age

17% did not complete
high school

39% completed high school
or received their GED

31% completed some college

65%

reported no
occupation

Our *#1* referral source was women **self-admitting**

39%

reported meth as their primary drug

alcohol 38% • heroin/opiates 15% • other 8%

AGE OF FIRST USE:

- Youngest was 8-years-old
- 41% under the age of 16
- Average age was 18-years-old

7%

had a history of recent overdose

93%

reported a history of domestic violence

*62% physical abuse
49% sexual abuse*

25%

were IV users

17%

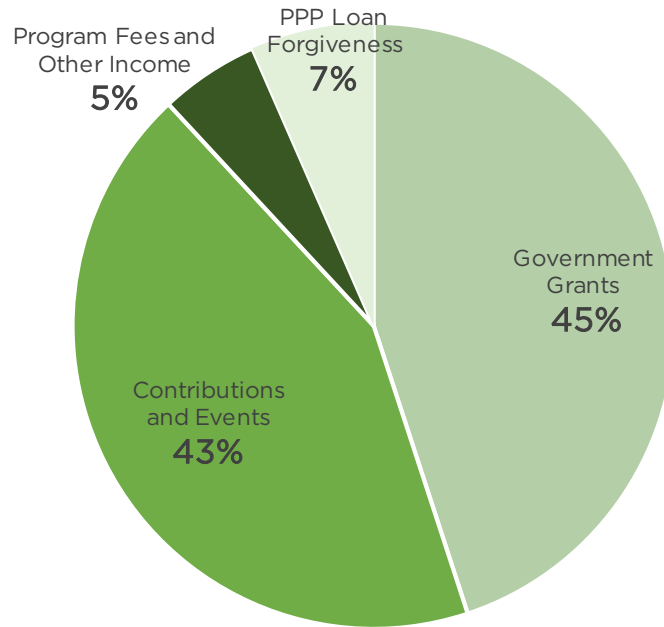
reported participating in sex industry

82%

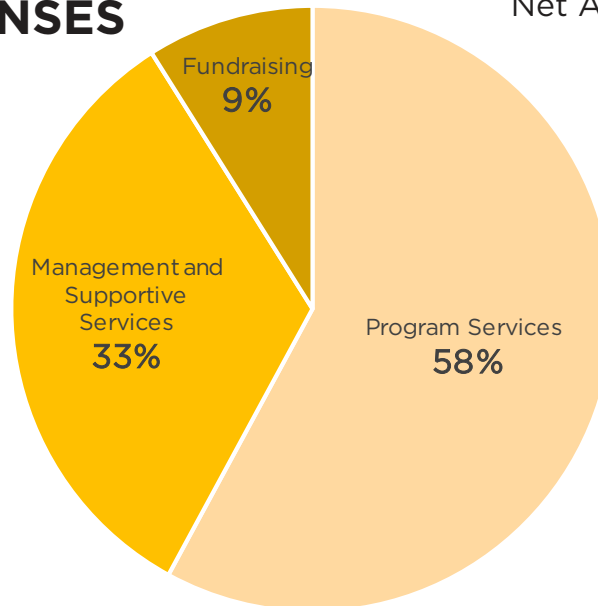
of those receiving domestic violence support report an increase in their perceived level of safety

2021 FINANCIALS

REVENUES



EXPENSES



STATEMENT OF ACTIVITIES

Revenues

Government Grants (City, State, and Federal)	\$ 1,308,017
Contributions and Events	\$ 1,254,835
Program Fees and Other Income	\$ 155,331
PPP Loan Forgiveness	\$ 192,100

Total Revenues

\$2,910,283

Expenses

Program Services	\$ 1,221,819
Management and Supportive Services	\$ 697,537
Fundraising	\$ 189,311

Total Expenses


\$2,108,667

Change in Net Assets	\$ 801,616
Net Assets, Beginning of Year	\$ 8,681,641
Net Assets, End of Year	\$ 9,483,257



COMMUNITY & REFERRAL PARTNERS

STEP2 partners with the following public agencies and community groups to meet our mission:



Acadia Healthcare • Advocates to End Domestic Violence • ACCEPT • Aloha Evaluation & Counseling Substance Abuse and Problem Gambling • Ashlee's Toy Closet • Awaken • BayMark Health Services • Box of Balloons • Boys & Girls Club of Truckee Meadows • Bristlecone Family Resources • Capo Canyon Recovery • Carson City Alternative Sentencing • Carson Community Counseling • Carson Public Defenders Office • Carson Tahoe Behavioral Health • Casa De Vida • Catholic Charities of Northern Nevada • Center for the Application of Substance Abuse Technologies • Center for Applied Substance Abuse Technologies • Children's Cabinet • Churchill County Social Services • City of Reno • Clare-Matrix • Clean & Sober Recovery Services • Clearview Treatment Programs • Community Chest, Inc. • Community Counseling Center • Community Health Alliance • Community Services Agency • Cookies for Kindness • Crisis Support Services of Nevada • Crossroads • Division of Child and Family Services • Division of Education, Training and Rehabilitation • Domestic Violence Resource Center • Douglas County Sheriff's Office • Dress for Success • Elko County Public Defender's Office • Empowerment Center • Fallon Paiute-Shoshone Tribe • Family Counseling and Payee Services • First Steps Recovery • Foster Grandparents Program • Foundation for Recovery • Grace Church • Grand Sierra Resort • Human Services Agency • JOIN • Join Together Northern Nevada • Katie Grace Foundation • Lander County Public Defender's Office • Maisel Consulting • Molina Healthcare • My Journey Home • Nevada Attorney General's Office • Nevada Division of Public and Behavioral Health • Nevada Early Intervention Services • Nevada Hispanic Services • Nevada Job Connect • Nevada Legal Services, Inc. • Nevada State Public Defender's Office • Nevada Urban Indians, Inc. • Nevada Women's Fund • New Dawn Treatment Centers • New Frontier • Northern Nevada Adult Mental Health Services • Northern Nevada Dental School • Northern Nevada Evaluation Center • Northern Nevada Food Bank • Northern Nevada Hopes • Northern Nevada Literacy Council • Northern Nevada RAVE Family Foundation • Our Place • Planned Parenthood • Project Sweet Dreams • Pyramid Lake Paiute Tribe Social Services • Quest Counseling • Reaching Out Sober Living Homes • Recovery Resources • Recovery Ways • Renewal Behavioral Health • Reno Behavioral Healthcare Hospital • Reno Area Alliance for the Homeless • Reno Housing Authority • Reno Justice Court • Reno Little Theater • Reno-Sparks Indian Colony • RESTART • Ridge House • Safe Embrace • Sage Ridge School • San Jose Behavioral Health • Sierra Smiles • SK Foods • Social Entrepreneurs • Soroptimist International of Reno • Sparks Christian Fellowship • Sparks Justice Court • Spread the Word Nevada • Square1 Solutions • Sunshine Behavioral Health • The Gooden Center • TKO Counseling Services • Trac-B • Truckee Meadows Community College (TMCC) • TruVista • United Way of Northern Nevada and the Sierra • University of Nevada, Reno • Vitality • Washoe County Human Services Agency • Washoe County Family Treatment Court • Washoe County Health District • Washoe County School District • Washoe County Sheriff's Office • Washoe Legal Services • Well Care • Westcare • Western Regional Specialty Courts • Women and Children's Center of the Sierra • Women Waken



The Builders Association

For the fifth year, The Builders Association Charity (BAC), the charitable arm of The Builders Association, has supported us through their Annual Cottage Makeover project.

We would like to say thank you to the organizations, builders, subcontractors and suppliers that work together to completely remodel our cottages.



Alice 96.5
All Out
Alpha Automated Systems
Bedrosian Tile & Stone
BM Windows LLC
BrightView
Budget Blinds
Carmen's Cleaning
Cavallero Heating & Air
Crown Painting
CTL Cleaners
Custom Lawn Landscaping
Custom Painting & Decorating Inc.
Dallas Floor Design
DeBard Plumbing

Enix Mechanical HVAC
Erickson Framing
Ferguson Enterprises
Focus Plumbing
Gore Industries LLC
High Mountain Door & Trim
High Voltage Electric
Horizon Window Fashions
Innovative Cabinets & Design
Interior Logic Group
JR Pierce Plumbing Co. Inc.
Junk King
Kelly Moore Paints
Moen
Next Generation Drywall

nVision Glass
Paint NV
Reno Tahoe Cabinets
Riddio
Rocket Electric
Sierra Wes Drywall, Inc.
Sonray Roofing
Square 1 Solutions
Statewide Lighting
Superior Door & Window
Supreme Plumbing
Truckee Meadows Heating & Air
Westcoast & Security
Western Nevada Supply
Yojana's Cleaning

2021 MAJOR DONORS

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Casci, Jessica & Rich
Cassidy, Brian
Charles, Kenneth
Chilton, Mariam & Ward
Chism, Craig

Clark, Ronetta
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Cole, Matthew
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Damon, Douglas
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Gaming Technology Group
Gifford, Shayla & Galen
Goldberg, Robert
Gormley, Amanda
GPS Wealth Advisors
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Horgan, Christy
IBEW/NECA LMCC
IGT
Jarzynka, JJ
Jarzynka, Pat & Rock
Jauron, Stephanie & Michael
Jensen, Shannon
John P. Ferreri Donor Advised Fund
Junk King Reno
Katie Weingartner Foundation
Kelley, Dr. Shane
Ken & Diana Bickford Trust
Kern, Lindsey
Kraemer, Bonnie
Leggett, Kathy
Les Schwab
Les Schwab Warehouse Center, Inc.
Linnell, Wendy
Loeb, Heidi
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M&A Business Advisors
Magrini, Amanda
Maland, Donna
Manning, Delia
Marine Specialties

2021 MAJOR DONORS

Marks, Marian & Charles
a Community Advised Fund at the Community Foundation
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Matt Jensen Foundation

McKimmey, Marne

Meyer, Lydia & Matt

MMA Profile

Moffitt, Lisa & Matt

Molly Schroeder Community

Engagement Fund

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Advisors

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Nothing To It! Culinary Center

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(Marnell Gaming LLC)

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Orangetheory Fitness

Overton, Michel

Ozmen Foundation

at the Community Foundation of Northern Nevada

Parme, Paige

PDL Biopharma, Inc.

Pete Rezac Photography

Poco, Sheila

Pyramid Materials

Raffealli, Sandra

Reeth, Kevin

Reno Sparks Scheels

Reno Food & Drink Week

Reno Rock Transport

Renown Health

Rios, Liliana

Robert S. and Dorothy J. Keyser
Foundation

Rogue Gaming Studio

Roma, Margie & Gary

Rombardo, Neil

RPM Billing

Ryder Homes

Sage Ridge Upper School Families

Self, Irene

Shalvoy, Charlie

Sierra Meat & Seafood

Sierra Nevada Nephrology Consultants

Sierra Smiles Management Group, LLC

SK Baseball LLC DBA Reno Aces

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Stanley Steamer of Reno

Sullivan, Charlotte & Casey

Swagblue

Swizzle Brand Solutions

Tanamera Development, LLC

Tate, Betty & Steve

Telford, Gina & Alan

Terri Mahanna & Jerry Mitchell

Wedding Fund

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The Hass 2004 Charitable

Remainder Unitrust

The Jack Van Sickle Foundation

The Ladies Club at The Club at ArrowCreek

The Nell J. Redfield Foundation

Toll Brothers

Tom & Mary Gallagher

Foundation

Troy, Pamela

Two Men And A Truck of Reno NV

United Construction Company

Walmart NV1 Fulfillment Center

Wandering Wyld

Wantiez, Nancy & Richard

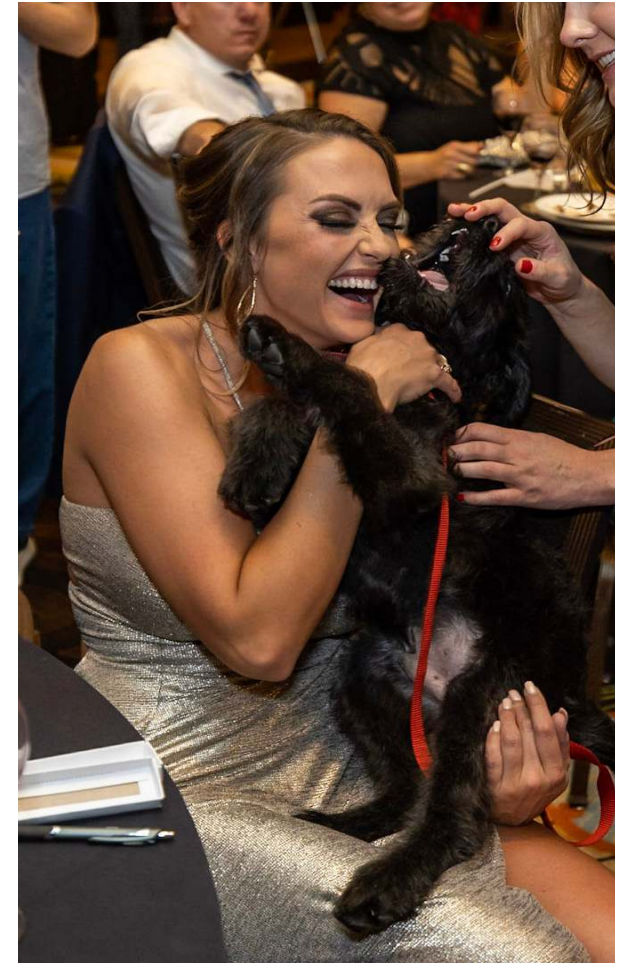
Warren, Jacqui & Dan

Wawona Foundation

Weitz, Katie

Wilson, Sandra

Yurick, Lauren & Donald



TOP VOLUNTEERS

We are incredibly grateful for everyone that volunteers on our campus or at one of our events. We would like to give special recognition to these individuals for spending a substantial amount of time supporting US.

Ackley, Jeanne
Al-Anon
Alcoholics Anonymous
Alice 96.5
Alonso, Michael
August, Thurn
Battcher, Alex
Bennett, Ashley
Bennett, Bella
Benson, Nancy
Bickford, Ken
Billino, Gina
Bos, Isabelle
Boys Team Charity
Brower, Sandy
Builders Association
Charity
Builders Association of
Northern Nevada
Caltagirone, Mike
Carlton, Mia
Cassidy, Brian
Celebrate Recovery
Children's Cabinet
Cloutier, Cameron
Cohen, James, MD
Cook, Angie
Cook, Wendy
Cooper-Schroeder, Lyndi
Davidson, Cameron
deJong, Laura
DellaRoca, Michael
Deming, Kristina

Dhindsa, Jasmine, MD
Di Loreto, Cassandra
Dixon, Ritu
Dixon, Zoe
Drakulich, Linda
Drakulich, Vic
Dudo, Jillian
Earl, Addy
Earl, Cyndi
Earl, Karsynn
Erickson, Juliette
Ferro, Lisa
Flanagan, Jamie
Franks, Josh
Handelin, Catie
Handelin, Keelyn
Haro Rodelas, Lesly
Harrah, Chelsea
Herrera, Yolanda
IGT
Immunize Nevada
Jarzynka, JJ
Junk King Reno
Kelley, Shane, PhD
Kern, Lindsey
Krieg, Michelle
Leggett, Kathy
Manning, Delia
McCloskey, Jacqui
McFall, Christian
McKimmey, Marne
Miller, Bob
Moffitt, Lisa

Murach, Shelle
Naimzada, Hawa
Narcotics Anonymous
National Charity League,
Sierra Nevada Chapter
Neff-McCormack, Michelle
Neff, Sydney
Poco, Ezra
Poco, Sheila
Reid, Dania
Reid, Olivia
Rezac, Pete
Rocha, Mayra
Schamber, Bob
Sierra Nevada Stitchers
Simonson, Katie
Solis, Alexis
Sparks Christian Fellowship
Tate, Betty
Tate, Steve
THRIVE Center
Trites, Dan
Troy, Pamela
Truckee Meadows Community
College
University of Nevada
Warren, Lanea
Washoe County School District
Family Resource Center
Weingartner, Kimberly
Wilson, Mica
Wilson, Sandy



**2021 Fellowship Award Winner
Bill Schulz, Alice 96.5**







775.787.9411

STEP2Reno.org

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